

Team Play & Scoring Worksheet

Objective

Score as high as possible on all four goals simultaneously AND learn the reasons *why* you got those results. For each game (5 rounds of 5 years = 25 years), you must

- Save lives (reduce mortality rate)
- Improve health (reduce unhealthy days)
- Achieve equity (reduce health inequity index)
- Lower health care costs

Average annual net benefit per capita is a summary measure combining health and economic consequences (but does not weigh progress on inequity)

Test Single Interventions (N=2-5; ~15-20 minutes)

- Deliberate and decide which intervention to study
Consult the causal pathways for ideas
- Anticipate the likely consequences for each scorecard variable
Do you expect no change, slight change, or big change; and in which directions?
- Test the intervention for a full 25 years
- Review the Progress Report and trace patterns using the Big Picture to learn what happened—and why.
- Fill out the worksheet (with percent changes where appropriate).

Explore Combinations or Sequences (~40-45 minutes)

- Deliberate and decide how to mix interventions for better results
Are there synergies or complementary effects that might compensate for shortcomings?
Limit = 4 areas/icons per 5-year round
- Anticipate the likely consequences for each scorecard variable
Do you expect no change, slight change, or big change; and in which directions?
- Test the intervention strategy for a full 25 years, or sequence the efforts in 5-year phases
Give your scenario a unique descriptive name
- Review the Progress Report and trace patterns using the Big Picture to learn what happened—and why.
- Fill out the worksheet (with percent changes where appropriate).

Document Your Best Result

- Bring a completed worksheet for the run that you are most proud of—and can explain.

Player Tips

- **Press F11 to display full screen**
- **Do not use back/forward buttons**
- **Give scenarios descriptive names**
- **Choose no more than 4 areas/icons per 5-year round**
- **Record results on the worksheet**

HealthBound Game Worksheet

TEAM NAME:

GENERAL STRATEGY:

Year	Intervention Decisions	Scorecard Values (record percent change where appropriate)					
		Deaths per 1,000	Unhealthy Days	Health Inequity Index	Health Care Costs	Average Change in Total Costs	Average Net Benefit
Year 0		7.46	5.26	14.3%	\$5,431	\$0	\$0
Year 5		%	%	%	%	\$	\$
Year 10		%	%	%	%	\$	\$
Year 15		%	%	%	%	\$	\$
Year 20		%	%	%	%	\$	\$
Year 25	Game over	%	%	%	%	\$	\$

OBSERVATIONS:

HealthBound Game Worksheet

TEAM NAME:

GENERAL STRATEGY:

Year	Intervention Decisions	Scorecard Values (record percent change where appropriate)					
		Deaths per 1,000	Unhealthy Days	Health Inequity Index	Health Care Costs	Average Change in Total Costs	Average Net Benefit
Year 0		7.46	5.26	14.3%	\$5,431	\$0	\$0
Year 5		%	%	%	%	\$	\$
Year 10		%	%	%	%	\$	\$
Year 15		%	%	%	%	\$	\$
Year 20		%	%	%	%	\$	\$
Year 25	Game over	%	%	%	%	\$	\$

OBSERVATIONS: